



PHYSICAL EDUCATION

SIS20513

Certificate II in Sport Coaching

This qualification is delivered over two years under the auspices of Australian YMCA Institute of Education and training



in association with



This qualification reflects the role of individuals who apply the skills and knowledge to be competent in delivering a basic instruction session for a sport. Work may be undertaken as part of a team and would be performed under supervision or independently in a structured environment such as a sporting club or school. Individuals wishing to undertake this qualification should be current or past participants in the respective sport specialisation chosen as part of this qualification.

Pathways from this qualification include studying any of the following qualifications:

- Certificate III in Sports Trainer
- Certificate III in Fitness
- Certificate III in Sport and Recreation

This qualification is made up of 13 units, 8 core and 5 electives.

Core

- BSBWOR202A Organise and complete daily work activities (15)
- HLTAID003 Provide first aid (20)
- SISSSCO101 Develop and update knowledge of coaching practices (20)
- SISSSCO202 Coach beginner or novice participants to develop fundamental motor skills (30)
- SISSSDE201 Communicate effectively with others in a sport environment (15)
- SISXCAI102A Assist in preparing and conducting sport and recreation sessions (15)
- SISXIND211 Develop and update sport, fitness and recreation industry knowledge (20)
- SISXWHS101 Follow work health and safety policies (10)